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# SUMMER HOLIDAY 5 WEEK SPORTS PROGRAMME WEEKDAYS

**MON 28/7/08 - FRI 29/8/08**

**9am-3pm**

**Medals and certificates to all attendees**

We also run a regular Saturday football academy at this venue, please call for more info.

07825 17713 – 07825 17714



CHARTER  
STANDARD  
HOLIDAY  
COURSES



**FootballFoundation**  
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## SUMMER HOLIDAY 5 WEEK SPORTS PROGRAMME ITINERARY

	Monday	Tuesday	Wednesday	Thursday	Friday
9-10 am	REGISTRATION AND EARLY RISER'S BREAKFAST HOUR				
10-12	FOOTBALL ACADEMY				
12-12.30	LUNCH AND DRINKS				
12.30-3pm	FOOTBALL 12.30-2PM MULTI SPORTS 2-3PM				

### Registration and early risers hour:

The first hour will be spent registering all the children in EVERY day and used to provide them with a healthy breakfast ready for their day. These can be bought at the canteen bar or brought along with themselves.

### Morning sessions:

#### Football Academy.

All groups will follow the carefully designed curriculum by Evolution Directors. Over the week, the children will complete the equivalent to an entire terms worth of our Academy programme.

**Lunch:** Parents may provide their children with packed lunches consisting of sandwiches, fruit, cereal bars and juice drinks etc. These can also be purchased from the Long Lane canteen bar. Children should also bring water bottles with them to drink throughout the day. **Drinks are also available from the Long Lane canteen.** We would discourage fizzy drinks, sweets, crisps and chocolate unless your child requires any of these things for medical reasons.

### Afternoon session: Football Academy as above.

#### Multi Sports and activities.

Children will take part in a variety of the following activities:

**Outdoor:** Tag rugby, Netball, Basketball, Cricket, Rounders, team building and Athletics.

**Indoors:** DVD's, Arts and Crafts, Drama, Dance, and board games, all of these with the exception of dance, will mainly be during lunch break or bad weather.

### Prices for the course are as follows:

**Option 1** – Full Week £55

**Option 2** – Full 5 Week booking. £250 (A saving of £25)

### Booking procedure/Terms and conditions:

Applications must be made on the form provided. There is a cancellation fee of £15 and the balance will only be returned if 5 days notice is given. Evolution Sports Academy reserves the right to change any aspect of the course. Children should arrive no earlier than 20 minutes before the start time and must be collected promptly.

**Please include a S.A.E to confirm booking.** Refunds cannot be made in the event of bad weather, personal illness or injury. All bookings should arrive no later than 2 days before your chosen course starts. Bookings are subject to availability. Please book early to avoid disappointment.

### What to bring to your course:

Please provide appropriate clothing and footwear for all weather conditions and playing surface. Please include warm clothes for cold weather conditions. We also recommend a change of clothes and a towel. **Please ensure all children have shinpads for their own safety and protection.**

**Charter Standard:** As an FA Charter Standard Club the welfare of each child is our first priority. We want all of our students to have fun and learn new skills – but their welfare and safety is of foremost importance. Every Evolution coach has passed a CRB (Police) check and completed an FA Child Protection course. Each and every coach is given a copy of the policies we have in place and uphold. For more details on all of our policies please visit [www.evofootballacademy.co.uk](http://www.evofootballacademy.co.uk)

Evolution Sports Academy  
46a Purrett Road, Plumstead,  
London, SE18 1JW  
07825 177713 – 07825 177714

email: [evolutionfootball@hotmail.co.uk](mailto:evolutionfootball@hotmail.co.uk)  
web: [www.evofootballacademy.co.uk](http://www.evofootballacademy.co.uk)



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## SUMMER HOLIDAY 5 WEEK SPORTS PROGRAMME BOOKING FORM

Please complete this form and return it to:

**Evolution Sports Academy, 46a Purrett Road, Plumstead, London, SE18 1JW.**

**Please make cheques/postal orders payable to 'Evolution Sports Academy'. Please ensure that the name of the child, cheque guarantee number and expiry date are printed clearly on the reverse of the cheque.**

Surname: .....

Forename: .....

D.O.B: .....

Male/Female: .....

Address: .....

.....

..... Post Code: .....

Weekly booking option £55 per week/Full booking option £250 including £25 discount\*

\*delete as applicable.

Name of school: .....

Email Address: .....

Tel no: (Home) ..... Mobile: .....

Health problems (please continue on a separate sheet in necessary): .....

.....

Official Evolution Sports Academy photography may be taken during our courses. These pictures may be used in Evolution Sports Academy or Long Lane company literature and websites. Please sign below if you **DO NOT** have any objections to this.

I give permission for photos of my child to be taken and used for Evolution Sports Academy or Long Lane literature and websites: .....

I authorise Evolution Sports Academy staff to administer or approve medical treatment deemed necessary. I agree that Evolution Sports Academy reserves the right to remove disruptive children from the course and that Evolution Sports Academy do not accept loss or damage whether to person in connection with this course.

Signed:..... Parent/Guardian\* Date: .....

**We'll look forward to coaching your child/children and improving their skills in all of our sports.**